

Soteria in the Literature—A Chronological Survey

1. Mosher, L. R. (1972). Research design to evaluate psychosocial treatments of schizophrenia. In D. Rubenstein & Y. O. Alanen (Eds.), *Psychotherapy of schizophrenia*, (pp. 251–260). Amsterdam: Excerpta Medica Foundation. (Reprinted in *Hospital & Community Psychiatry*, 23, 229–234)
2. Mosher, L. R. (1974). Psychiatric heretics and the extra-medical treatment of schizophrenia. In R. Cancro, N. Fox, & L. E. Shapiro (Eds.), *Strategic intervention in schizophrenia: Current developments in treatment* (pp. 279–302). New York: Behavioral Publications,
3. Mosher, L. R., & Menn, A. Z. (1974). Soteria: An alternative to hospitalization for schizophrenia. In J. H. Masserman (Ed.), *Current psychiatric therapies*, Vol. 14 (pp. 287–296). New York: Grune and Stratton.
4. Mosher, L. R., Menn, A. Z., & Matthews, S. M. (1975). Soteria: Evaluation of a home-based treatment for schizophrenia. *American Journal of Orthopsychiatry*, 45(3), 455–467.
5. Menn, A. Z. & Mosher, L. R. (1976). The Soteria project. An alternative to hospitalization for schizophrenics: Some clinical aspects. In J. Jorstad & E. Ugelstad (Eds.), *Schizophrenia*, 75 (pp. 347–372). Oslo, Norway: Universitetsforlaget.
6. Mosher, L. R., & Menn, A. Z. (1976). Dinosaur or astronaut? One-year follow-up data from the Soteria project. In M. Greenblatt & R. D. Budson (Eds.), A Symposium: Follow-up of community care. *American Journal of Psychiatry*, 133(8), 919–920.
7. Wilson, H. S. (1976). Presencing: Social control of “schizophrenics” in an antipsychiatric community. In C. R. Kneisl & H. S. Wilson (Eds.), *Current perspectives in psychiatric nursing* (Vol. 1, pp. 164–175). St. Louis, MO: C. V. Mosby.
8. Wilson, H. S. (1978). Conjoint becoming: Study of Soteria, II [Report of postdoctoral study]. In C. R. Kneisl & H. S. Skodol (Eds.), *Current perspectives in psychiatric nursing* (Vol. 2, pp. 135–148). St. Louis, MO: C. V. Mosby.
9. Hirschfeld, R. M., Matthews, S. M., Mosher, L. R., & Menn, A. Z. (1977). Being with madness: Personality characteristics of three treatment staffs. *Hospital & Community Psychiatry*, 28, 267–273.

10. Mosher, L. R., Reifman, A., & Menn, A. Z. (1973). Characteristics of nonprofessionals serving as primary therapists of acute schizophrenics. *Hospital & Community Psychiatry*, 24(6), 391–396. [Reprinted in English and Italian editions of P. Watzlawick & J. H. Weakland , Eds., (1977), *The interactional view: Studies at the Mental Research Institute, Palo Alto 1965–1974* (pp. 143–153). New York: W. W. Norton.]
11. Mosher, L. R., & Menn, A. Z. (1977a). Lowered barriers in the community: The Soteria model. In L. I. Stein & M. A. Test (Eds.), *Alternatives to mental hospital treatment* (pp. 75–113). New York: Plenum Press.
12. Mosher, L. R., & Menn, A. Z. (1977b). Soteria house: One-year outcome data. *Psychopharmacology Bulletin*, 13(2) 46–48.
13. Mosher, L. R., & Menn, A. Z. (1978a). Community residential treatment for schizophrenia: Two-year follow-up data. *Hospital & Community Psychiatry*, 29, 715–723.
14. Mosher, L. R., & Menn, A. Z. (1978b). Enhancing psychosocial competence in schizophrenia: Preliminary results of the Soteria project. In W. E. Fann, I. C. Karacan, A. D. Pokomy & R. L. Williams (Eds.). *Phenomenology and treatment of schizophrenia* (pp. 371–386). New York: Spectrum.
15. Mosher, L. R., & Menn, A. Z. (1978c). The surrogate “family”, An alternative to hospitalization. In J. C. Shershaw (Ed.), *Schizophrenia: Science and practice* (pp. 223–239). Cambridge, MA: Harvard University Press.
16. Matthews, S. M., Roper, M. T., Mosher, L. R., & Menn, A. Z. (1979). A nonneuroleptic treatment for schizophrenia: Analysis of the two-year post-discharge risk of relapse. *Schizophrenia Bulletin*, 5(2), 322–333.
17. Mosher, L. R., & Menn, A. Z. (1979). Soteria: An alternative to hospitalization for schizophrenics. In H. R. Lamb (Ed.), *New directions for mental health services: Alternatives to acute hospitalization* (pp. 189–206). San Francisco: Jossey-Bass. [Translated and reprinted in 1982 in *Psichiatria/Informazione*, 4(3), 7–17.]
18. Mosher, L. R & Menn, A. Z. (1984). Soteria: An alternative to hospitalization for schizophrenia. In J. H. Masserman (Ed.), *Current psychiatric therapies* (Vol 21, pp. 189–206). New York: Grune and Stratton.
19. Wilson, H. S.(1982). *Deinstitutionalized residential care for the mentally disordered: The Soteria House approach*. New York: Grune and Stratton.

20. Wendt, R. J., Mosher, L. R., Matthews, S. M., & Menn, A. Z. (1983). A comparison of two treatment environments of schizophrenia. In J. G. Gunderson, O. A. Will, Jr., & L. R. Mosher (Eds.), *The principles and practices of milieu therapy* (pp. 17–33). New York: Jason Aronson.
21. Mosher, L. R., & Menn, A. Z. (1983). Scientific evidence and system change: The Soteria experience. In H. Stierlin, L. C. Wynne, & M. Wirsching (Eds.), *Psychosocial interventions in schizophrenia* (pp. 93–108). Heidelberg, Germany: Springer-Verlag.
22. Mosher, L. R. (1983). Alternatives to psychiatric hospitalization: Why has research failed to be translated into practice? *New England Journal of Medicine*, 309(25), 1479–1480.
23. Wilson, H. S. (1983). Usual hospital treatment in the U.S.A's community mental health system. *International Journal of Nursing Studies*, 20(2), 75–82.
24. Mosher, L. R. & Menn, A. Z. (1984). Un'alternativa al 'ospedalizzazione nella schizofrenia: L'esperienza Soteria. In C. Faccinani, R. Fiorio, G. Mignolli, E. M. Tansella (Eds.), *Le psicosi schizofreniche: Dalla ricerca alla pratica clinica* (pp. 143–164). Bologna, Italy: Patron.
25. Wilson, H. S. (1986). Presencing: Social control of schizophrenics in an anti-psychiatric community: An illustration of grounded theory. In P. L. Munhall & C. J. Oiler (Eds.), *Nursing research: A qualitative perspective*. (pp. 131–144). Norwalk, CT: Appleton-Century-Croft.
26. Mosher, L. R., Kresky-Wolff, M., Matthews, S. M., & Menn, A. Z. (1986). Milieu therapy in the 80s: A comparison of two alternatives to hospitalization. *Bulletin of the Menninger Clinic*, 50, 257–268.
27. Wilson, H. S. (1986). Deinstitutionalized residential care in the U.S. community health system. In C. Chennitz & J. Swanson, (Eds.), Qualitative research (pp. 181–190). Menlo Park, CA: Addison-Wesley.
28. Mosher, L. R. (1989). Community residential treatment/alternatives to hospitalization. In A. S. Bellack (Ed.), *A clinical guide for the treatment of schizophrenia* (pp. 135–161). New York: Plenum.
29. Mosher, L. R., Vallone, R., & Menn, A. Z. (1989). The Soteria project: New outcome data. In A. Migone, G. Martini & V. Volterra (Eds.), *Il progetto Soteria: Nuovi risultati emersi* (pp. 313–330) [translation of New trends in schizophrenia]. Caserta, Italy: Edito dalla Fondazione.
30. Wilson, H. S. (1990, January). Replicating a low EE environment: The Soteria approach ten years later. *Florida Nursing Review*, 13, 1–8.

31. Mosher, L. R. (1991). Soteria: A therapeutic community for psychotic persons. *International Journal of Therapeutic Communities*, 12, 53–67
32. Mosher, L. R., & Burti, L. (1994). Alternatives to hospitalization. In L. R. Mosher & L. Burti (Eds.), *Community mental health: A practical guide* (pp. 119–142). New York: W. W. Norton. [Translated into Italian, German, Japanese, Swedish, and Danish]
33. Mosher, L. R., Vallone, R., Menn, A. Z., Hendrix, V., & Fort, D. C. (1992). *Treatment at Soteria House: A manual for the practice of interpersonal phenomenology* (Final National Institutes of Mental Health Report: Grant Nos. R12MH 20123 and R12MH 25570). Washington, DC. (Translated and published in German as Psychosoziale Arbeitshilfen, 7: Dabeisein: *Das Manual zur Praxis in der Soteria*. Bonn, Germany: Psychiatrie Verlag.)
34. Mosher, L. R. (1995). The Soteria project: The first generation American residential alternatives to psychiatric hospitalization. In R. Warner (Ed.), *Alternatives to hospitalization for acute psychiatric care* (pp. 111–125). Washington, DC: American Psychiatric Publishing.
35. Mosher, L. R., Vallone, Robert, & Menn, A. Z. (1995). The treatment of acute psychosis without neuroleptics: Six-week psychopathology outcome data from the Soteria project. *International Journal of Social Psychiatry*, 41(3), 157–173.
36. Mosher, L. R. (1996). The Soteria Project: Therapeutic communities for psychotic persons. In P. R. Breggin & M. Stem (Eds.), *The psychotic patient* (Vol. 9, No. 3/4, pp. 43–58) [Also published as *Psychosocial approaches to deeply disturbed persons*]. Binghampton, NY: Haworth.
37. Ciompi, L. (1997). The Soteria concept: Theoretical bases and practices: 13-year experiences with a milieutherapeutic approach to acute schizophrenia. *Psychiatria et Neurologia Japanica*, 9, 634–650.
38. Mosher, L. R. (1999). Soteria and other alternatives to acute psychiatric hospitalization: A personal and professional review. *Journal of Nervous and Mental Disease*, 187, 142–149. (Reprinted in *Changes* 17[1], 35–48, 1999)
39. Mosher, L. R., & Bola, J. R. (1999). Das Soteria Project: Einschätzung des Affekts und Interventionsformen [The Soteria Project: Assessment of Affect and Interventions]. In W. Machleidt, H. Halternet, & P. Gaslipp (Eds.), *Schizophrenie—eine affektive Erkrankung?* (pp. 243–257). Stuttgart, Germany: Schattauer.
40. Mosher, L. R., & Bola, J. R. (2000). The Soteria project: Twenty-five years of swimming upriver. *Complexity and Change*, 9(1) 68–74.

41. Mosher, L. R. (2001). Die Anwendung von therapeutischen Prinzipien der Soteria in der gemeindepsychiatrischen Versorgung [Application of Soteria principles to community psychiatric care]. In M. Wollschlager (Ed.), *Socialpsychiatrie: Entwicklungen-Kontroversen-Perspektiven* (pp. 497–503). Tübingen: Verlag.
42. Mosher, L. R. (2001). Treating madness without hospitals: Soteria and its successors. In K. J. Schneider, J. F. T. Bugental, & M. Broccard (Eds.), *The handbook of humanistic psychology* (pp. 389–401). Thousand Oaks, CA: Sage.
43. Mosher, L. R. (2001). Soteria-California and its successors: Therapeutic ingredients. In L. Ciompi, H. Hoffmann, & M. Broccard (Eds.), *Wie wirkt Soteria?—Ein atypische Psychosenbehandlung kritisch durchleuchtet* [Why does Soteria work?—An unusual schizophrenia therapy under examination] (pp. 13–43). New York and Bonn, Germany: Huber.
44. Bola, J. R., & Mosher, L. R. (2002). Predicting drug-free treatment response in acute psychosis from the Soteria project. *Schizophrenia Bulletin*, 28(4), 559–575.
45. Bola, J. R., & Mosher, L. R. (2002). Clashing ideologies or scientific discourse? [response to Carpenter and Buchanan]. *Schizophrenia Bulletin* 28(4), 583–588.
46. Bola, J. R., & Mosher, L. R. (2003). Two-year outcomes from the Soteria project. *Journal of Nervous and Mental Diseases*, 191(4), 219–229.
47. Mosher, L. R. (2004). Non-hospital, non-drug interventions with first episode psychosis. In J. Read, L. R. Mosher, & R. Bentall (Eds.), *Models of madness: Psychological, social, and biological approaches to “schizophrenia.”* (pp. 349–364) Hove: Brunner-Routledge.
48. Bola, J. R., Mosher, L. R., & Cohen, D. (in press). Treatment of newly diagnosed psychosis without anti-psychotic drugs: The Soteria project. In S. Kirk (Ed.), *Mental disorders in the social environment: Critical perspectives*. New York: Columbia University Press.
49. Mosher, L. R. & Bola, J. R. (2004). Soteria-California and its American successors: Therapeutic ingredients. *Ethical Human Psychiatry and Psychology*, 6(1), 147–163.

Addition 2007

- Mosher, L. R. (2002). Vorwort. In P. Lehmann (Ed.), *Psychopharmaka absetzen—Erfolgreiches Absetzen von Neuroleptika, Antidepressiva, Lithium, Carbamazepin und Tranquillizern* (pp. 11–13). 2., rev. edition. Berlin, Germany: Antipsychiatrieverlag.
- Mosher, L. R. (2004). Preface. In P. Lehmann (Ed.), *Coming off Psychiatric Drugs: Successful Withdrawal from Neuroleptics, Antidepressants, Lithium, Carbamazepine and Tranquilizers* (pp. 15–17). 2., revised edition. Berlin / Eugene / Shrewsbury: Peter Lehmann Publishing.
- Mosher, L. R. & Burti, L. (2004). *Seelische Gesundheit—Community Mental Health. Ein Leitfaden für die Praxis*. St. Gallen, Switzerland: itten books 2004
- Mosher, L. R. (2007). Prefazione. In P. Lehmann (Ed.), Liberarsi dagli psicofarmaci. Riuscire con pieno successo a liberarsi da neurolettici, antidepressivi, stabilizzante dell'umore, Ritalin e tranquillanti (pp. 15–17). In preparation